

Individual Records

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
18-24	4/11-13/2003	23.96	Petra Adamkova	50 Free	Yannick Van Heers	21.02	4/23-25/2010
	12/9-12/2004	52.74	Kelly Bowman	100 Free	Yannick Van Heers	47.16	4/23-25/2010
	4/2-4/2004	1:55.38	Kelly Bowman	200 Free	Matt Haupt	1:42.51	1/15/2005
	4/2-4/2004	5:12.23	Kelly Bowman	500 Free	Jeff Strahota	5:01.81	5/19-22/2005
	12/9-12/2004	10:46.87	Kelly Bowman	1000 Free	Jeff Strahota	11:06.71	4/22-24/2005
	4/10/1994	18:46.59	Laura Antonietta	1650 Free	Jeff Strahota	19:19.39	5/5/2004
	4/2-4/2004	28.39 R	Jenn "JT" Teerlink	50 Back	Yannick Van Heers	25.98	4/23-25/2010
	4/2-4/2004	1:01.79 R	Jenn "JT" Teerlink	100 Back	James Crowder	57.45	3/30/2001
	4/17/2004	2:13.25	Jenn "JT" Teerlink	200 Back	James Crowder	2:02.94	3/30/2001
	4/11-13/2003	30.06	Petra Adamkova	50 Breast	Yannick Van Heers	28.19	4/23-25/2010
	4/2-4/2004	1:06.88	Jillian Martin	100 Breast	Barney Lynch	1:02.63	4/19-21/2002
	4/2-4/2004	2:19.89	Jillian Martin	200 Breast	Barney Lynch	2:17.79	4/19-21/2002
	4/11-13/2003	26.49	Petra Adamkova	50 Fly	Yannick Van Heers	23.35	4/23-25/2010
	4/19-21/2002	1:01.28	Marie Tomarelli	100 Fly	Yannick Van Heers	52.00	4/23-25/2010
	4/19-21/2002	2:15.50	Marie Tomarelli	200 Fly	John "Jake" Keefe	2:00.92	4/22-24/2005
	1/15/2005	1:03.92	Kelly Bowman	100 IM	Matt Haupt	54.33	1/15/2005
	3/6-7/2004	2:17.42	Kelly Bowman	200 IM	James Crowder	2:04.04	3/30/2001
	4/19-21/2002	4:48.49	Marie Tomarelli	400 IM	Peter Galan	4:22.10	4/23-25/2010

Notes: Petra Adamkova's 30:06 for the 50 Breast set a National Record in 2003.
 Jillian Martin's 2:19.89 in the 200 Breast set a National Record in 2004

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
25-29	4/22-24/2005	23.16	Petra Martin	50 Free	Russell Perkins	21.95	11/2/2002
	10/30/2005	51.30	Petra Martin	100 Free	Russell Perkins	48.27	11/2/2002
	4/21-23/2006	1:56.79	Kelly Bowman	200 Free	Russell Perkins	1:50.26	11/2/2002
	5/18-21/1995	5:15.23	Jane Kleine	500 Free	Jeff Strahota	5:03.68	5/11-14/2006
	5/18-21/1995	10:34.29	Jane Kleine	1000 Free	Jeff Strahota	10:30.99	4/23-25/2010
	3/22/1992	18:41.56	Sue Altman	1650 Free	Jeff Strahota	18:00.49	4/24-26/2009
	10/23/2004	29.08	Jenn "JT" Teerlink	50 Back	Kelly Ryan	26.36	4/16/2005
	5/1-4/2008	1:02.40	Mollie Grover	100 Back	Emad Elshafei	55.28	2/26-27/1994
	5/1-4/2008	2:11.08	Mollie Grover	200 Back	James Crowder	1:58.29	4/19-21/2002
	4/22-24/2005	30.03	Petra Martin	50 Breast	Peter Fehring	26.67	5/11-14/2006
	10/30/2005	1:06.02	Petra Martin	100 Breast	Peter Fehring	57.79	4/21-23/2006
	4/11-13/2003	2:33.24	Amanda Pagon	200 Breast	Peter Fehring	2:07.66	4/21-23/2006
	4/22-24/2005	25.83	Petra Martin	50 Fly	James Crowder	25.15	4/22-25/2004
	4/16/2005	58.78	Petra Martin	100 Fly	James Crowder	54.72	4/11-13/2003
	4/30-5/2/1999	2:49.58	Ann Brennan	200 Fly	Matt Haupt	1:52.96	2/5/2005
	4/22-24/2005	59.53	Petra Martin	100 IM	Matt Haupt	53.32	2/5/2005
	4/6/2002	2:15.61	Amanda Pagon	200 IM	James Crowder	1:58.80	4/19-21/2002
	4/19-21/2002	4:46.81	Amanda Pagon	400 IM	James Crowder	4:18.20	4/19-21/2002

Note: Petra Martin's 23.16 for the 50 Free set a National Record in 2005.

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
30-34	2/24-25/1996	26.54	Jane Kleine	50 Free	Michael Lee	22.48	4/19-21/2002
	2/27/1993	58.13	Sue Altman	100 Free	Michael Lee	49.06 R	4/19-21/2002
	11/23/1997	2:02.43	Jane West	200 Free	Michael Lee	1:52.09	4/19-21/2002
	2/24-25/1996	5:20.79	Jane Kleine	500 Free	Ed Switzer	5:24.33	4/19-21/2002
	4/23-25/2010	11:45.21 s	Julie Roddin	1000 Free	Michael Goodison	11:24.53 s	5/5/2004
	4/23-25/2010	19:34.38	Julie Roddin	1650 Free	Michael Goodison	18:56.17	5/5/2004
	2/27/1993	31.04	Sue Altman	50 Back	Emad Elshafei	26.81	4/30-5/2/1999
	2/27/1993	1:06.09	Sue Altman	100 Back	Emad Elshafei	56.44	4/30-5/2/1999
	4/23-25/2010	2:20.60	Julie Roddin	200 Back	Emad Elshafei	2:06.81	4/30-5/2/1999
	2/27/1993	35.72	Sue Altman	50 Breast	Michael Goodison	28.05	4/11-13/2003
	2/28-3/1/1998	1:19.17	Jane West	100 Breast	Michael Goodison	1:00.68	5/19-22/2005
	5/3-5/1996	3:03.63	Debbie Morrin	200 Breast	Michael Goodison	2:15.48	5/19-22/2005
	2/27/1993	29.74	Sue Altman	50 Fly	Mike Doane	24.68	1/17/2004
	11/23/1997	1:08.88	Jane West	100 Fly	Michael Goodison	55.13	5/19-22/2005
				200 Fly	Michael Goodison	2:15.61	12/13/2006
	2/27/1993	1:05.93	Sue Altman	100 IM	Michael Goodison	57.17	5/19-22/2005
	2/24-25/1996	2:23.96	Jane West	200 IM	Michael Goodison	2:05.33	5/19-22/2005
	4/23-25/2010	5:16.73	Julie Roddin	400 IM	Michael Goodison	4:34.12	4/11-13/2003

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
35-39	4/11-13/2003	27.41	Jane West	50 Free	Michael Doane	22.47	4/24-26/2009
	4/7/2001	58.47	Jane West	100 Free	Michael Lee	49.05 R	4/11-13/2003
	4/11-13/2003	2:05.69	Jane West	200 Free	Andy Ellis	1:50.58	5/ 19-22/2005
	4/7/2001	5:22.59	Jane West	500 Free	Andy Ellis	5:01.93	5/ 19-22/2005
	12/5/1999	14:57.15	Julie Ernstein	1000 Free	Andy Ellis	10:37.47	5/ 19-22/2005
	12/3/2000	18:51.97	Jane West	1650 Free	Andy Ellis	18:36.63	5/5/2004
	4/22-24/2005	30.63 R	Patricia Robbins	50 Back	Emad Elshafei	26.96	3/4-5/2006
	4/22-24/2005	1:04.78	Patricia Robbins	100 Back	Emad Elshafei	56.69	4/19-21/2002
	9/13/1998	3:03.54	Debbie Morrin-Nordlund	200 Back	Emad Elshafei	2:04.07	3/6-7/2004
	3/27-29/1998	39.84	Debbie Morrin-Nordlund	50 Breast	Michael Goodison	27.64	5/1-4/2008
	2/28-3/1/1998	1:27.80	Debbie Morrin-Nordlund	100 Breast	Michael Goodison	1:01.39	5/1-4/2008
	3/27-29/1998	3:07.79	Debbie Morrin-Nordlund	200 Breast	Michael Goodison	2:16.09	5/1-4/2008
	10/21/2001	35.64 S	Jane West	50 Fly	Michael Doane	23.95	4/23-25/2010
	10/21/2001	1:14.25	Jane West	100 Fly	Michael Doane	54.79	4/24-26/2009
	3/11/2006	4:00.95	Diana Corbin	200 Fly	Andy Ellis	2:08.86	5/11-14/2006
	2/26-27/2005	1:08.98	Patricia Robbins	100 IM	Michael Goodison	57.12	5/17-20/2007
	10/21/2001	2:27.00	Jane West	200 IM	Emad Elshafei	2:05.05	3/6-7/2004
	2/28-3/1/1998	6:22.94	Debbie Morrin	400 IM	Emad Elshafei	4:30.23	4/2-4/2004

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
40-44	4/22-24/2005	25.35	Carolyn Voorhees	50 Free	Andy Ellis	24.62	4/16-19/09
	5/11-14/2006	56.81	Carolyn Voorhees	100 Free	Andy Ellis	52.66	5/7-10/2009
	5/17-20/2007	2:04.69	Gretchen Ekstrom	200 Free	Andy Ellis	1:53.98	5/7-10/2009
	5/17-20/2007	5:37.43	Gretchen Ekstrom	500 Free	Andy Ellis	5:14.20	5/7-10/2009
	5/17-20/2007	11:49.67	Gretchen Ekstrom	1000 Free	Curt Reynolds	10:53.51	4/22-24/2005
	5/9/2009	28:33.60	Diana Corbin	1650 Free	Curt Reynolds	19:17.86	12/5/2004
	5/17-20/2007	31.42	Gretchen Ekstrom	50 Back	Emad Elshafei	26.65	4/21-23/2006
	5/17-20/2007	1:07.14	Gretchen Ekstrom	100 Back	Emad Elshafei	57.55	3/29/2008
	4/14-15/2007	2:22.39	Gretchen Ekstrom	200 Back	Emad Elshafei	2:03.75	4/21-23/2006
	5/ 19-22/2005	34.76	Carolyn Voorhees	50 Breast	Emad Elshafei	31.44	1/19/2008
	10/22/2005	1:21.43	Carolyn Voorhees	100 Breast	Emad Elshafei	1:07.18	12/1/2007
	3/29/2008	3:11.43	Donna Elshafei	200 Breast	Emad Elshafei	2:33.78	11/10/2007
	4/21-23/2006	27.76	Carolyn Voorhees	50 Fly	Curt Reynolds	25.96	4/22-24/2005
	5/ 19-22/2005	1:04.91	Carolyn Voorhees	100 Fly	Andy Ellis	56.62	5/7-10/2009
	1/21/1996	3:58.20	Hartzell Stringer	200 Fly	Curt Reynolds	2:22.07	11/20-21/2004
	5/ 19-22/2005	1:06.12	Carolyn Voorhees	100 IM	Emad Elshafei	57.00	4/21-23/2006
	1/21/2006	2:35.56	Carolyn Voorhees	200 IM	Emad Elshafei	2:08.00	4/24-26/2009
	4/14-15/2007	5:23.69	Gretchen Ekstrom	400 IM	Emad Elshafei	4:40.20	1/19/2008

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
45-49	1/21/1996	33.88	Myriam Pero	50 Free	Curt Reynolds	24.66	10/30/2005
	1/20/2007	58.35	Carolyn Voorhees	100 Free	Curt Reynolds	52.18	4/21-23/2006
	4/19-21/2002	2:40.99 s	Cheryl Wagner	200 Free	Curt Reynolds	1:57.55	1/21/2006
	4/19-21/2002	6:50.75 s	Cheryl Wagner	500 Free	Curt Reynolds	5:20.66	1/21/2006
	4/19-21/2002	13:48.18 s	Cheryl Wagner	1000 Free	Curt Reynolds	10:43.28	4/21-23/2006
	4/19-21/2002	22:48.22	Cheryl Wagner	1650 Free	Curt Reynolds	18:33.76	12/11/2005
	4/11-13/2008	44.83	Deb Morrin-Nordlund	50 Back	Curt Reynolds	27.30	5/11-14/2006
	4/23-25/2010	1:40.66	Deb Morrin-Nordlund	100 Back	Curt Reynolds	59.11	5/11-14/2006
				200 Back	Curt Reynolds	2:10.64	5/11-14/2006
	10/26/2008	46.26	Deb Morrin-Nordlund	50 Breast	Glenn Mills	28.32	10/28/2007
	4/11-13/2008	1:40.31	Deb Morrin-Nordlund	100 Breast	Glenn Mills	1:02.11	10/28/2007
				200 Breast	Curt Reynolds	2:29.83	3/25/2006
	1/20/2007	28.55	Carolyn Voorhees	50 Fly	Curt Reynolds	25.20	5/11-14/2006
				100 Fly	Curt Reynolds	55.91	4/21-23/2006
				200 Fly	Curt Reynolds	2:17.24	1/20/2007
	1/20/2007	1:08.09	Carolyn Voorhees	100 IM	Glenn Mills	56.70	10/28/2007
				200 IM	Curt Reynolds	2:07.28	5/11-14/2006
				400 IM	Curt Reynolds	4:44.73	3/25/2006

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
50-54	4/11-13/2003	30.87	Cheryl Wagner	50 Free	Pat Murtagh	23.72	5/1-4/2008
	4/22-24/2005	1:08.50	Cheryl Wagner	100 Free	Bill Shipp	52.96	4/23-25/2010
	4/22-24/2005	2:32.36	Cheryl Wagner	200 Free	Bill Shipp	1:56.81	4/23-25/2010
	2/1/2004	6:42.44	Cheryl Wagner	500 Free	Pat Murtagh	5:47.31 s	5/1-4/2008
	12/8/2002	13:47.12 s	Cheryl Wagner	1000 Free	Pat Murtagh	11:55.35 s	5/1-4/2008
	12/8/2002	22:43.96	Cheryl Wagner	1650 Free	Pat Murtagh	19:56.54	5/1-4/2008
	1/30/2005	41.26	Cheryl Wagner	50 Back	Dave Diehl	33.11	2/6/1994
	4/22-24/2005	1:29.16	Cheryl Wagner	100 Back	Dave Diehl	1:18.38	2/29/1992
	2/26-27/2005	3:18.67	Cheryl Wagner	200 Back	Dave Diehl	3:05.90	2/29/1992
	4/2-4/2004	45.29	Cheryl Wagner	50 Breast	Charlie Hoffman	32.41	4/19-21/2002
	1/30/2005	1:42.17	Cheryl Wagner	100 Breast	Charlie Hoffman	1:10.41	4/19-21/2002
	3/19/2005	3:38.80	Cheryl Wagner	200 Breast	Charlie Hoffman	2:34.86	4/19-21/2002
	1/30/2005	39.87	Cheryl Wagner	50 Fly	Pat Murtagh	25.90	5/1-4/2008
	10/31/2004	1:39.54	Cheryl Wagner	100 Fly	Pat Murtagh	57.33	5/1-4/2008
	2/26-27/2005	4:02.82	Cheryl Wagner	200 Fly	Pat Murtagh	2:11.47	5/1-4/2008
	4/11-13/2003	1:25.31	Cheryl Wagner	100 IM			
	4/22-24/2005	3:10.15	Cheryl Wagner	200 IM	Bill Shipp	2:15.51	4/23-25/2010
	4/22-24/2005	6:55.73	Cheryl Wagner	400 IM	Bill Shipp	4:57.17	4/23-25/2010

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
55-59	1/27/2008	32.28	Cheryl Wagner	50 Free			
	1/27/2008	1:12.93	Cheryl Wagner	100 Free	Charlie Hoffman	57.97	4/24-26/2009
	9/26/2009	2:42.77	Cheryl Wagner	200 Free	Charlie Hoffman	2:13.34	4/24-26/2009
	1/27/2008	7:06.80	Cheryl Wagner	500 Free			
	4/11-13/2008	15:05.19	Cheryl Wagner	1000 Free			
	12/16/2007	24:50.81	Cheryl Wagner	1650 Free	Robert Benson	24:49.24	4/6/1991
				50 Back	Dave Diehl	32.57	4/30-5/2/1999
				100 Back	Dave Diehl	1:18.90	11/22/1998
				200 Back			
	10/26/2008	48.72	Cheryl Wagner	50 Breast	Charlie Hoffman	32.91	5/11-14/2006
				100 Breast	Charlie Hoffman	1:12.68	5/11-14/2006
				200 Breast	Charlie Hoffman	2:37.99	5/11-14/2006
	4/11-13/2008	41.71	Cheryl Wagner	50 Fly	Charlie Hoffman	27.62	4/24-26/2009
				100 Fly	Charlie Hoffman	1:02.69	4/24-26/2009
				200 Fly			
	10/26/2008	1:32.60	Cheryl Wagner	100 IM			
				200 IM			
				400 IM			

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
60-64				50 Free	Andrew Zitnay	29.57	10/11/2008
				100 Free	Andrew Zitnay	1:12.10	10/11/2008
				1650 Free	Robert Benson	27:00.92	12/5/1999
				50 Back	Dave Diehl	33:52	4/11-13/2003
				100 Back	Dave Diehl	1:26.47	4/11-13/2003
				200 Back	Dave Diehl	3:05.57	4/11-13/2003
				50 Breast	Dave Diehl	41.38	4/11-13/2003

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
65-69				50 Free	Bill Conroy	34.06 s	4/16-19/09
				100 Free	Bill Conroy	1:10.87	4/16-19/09
				200 Free	Bill Conroy	2:34.74	10/11/2008
				500 Free	Bill Conroy	6:47.08	4/16-19/09
				1000 Free	Bill Conroy	13:47.50	4/16-19/09
				1650 Free	Bill Conroy	22:06.46	5/9/2009
				100 IM	Bill Conroy	1:30.63	10/11/2008
				200 IM	Bill Conroy	3:13.50	10/11/2008
				400 IM	Bill Conroy	7:01.38	4/16-19/09

AGE GROUP	DATE	TIME	NAME	EVENT	NAME	TIME	DATE
80-84				50 Free	Harvey Geller	48.16	2/24/2002
				100 Free	Harvey Geller	1:51.67	4/19-21/2002
				200 Free	Harvey Geller	4:18.75	2/23/2002
				50 Breast	Harvey Geller	56.57	6/7/2003
				100 Breast	Harvey Geller	2:10.60	4/19-21/2002
				200 Breast	Harvey Geller	4:49.77	6/6/2003

Relay Records

WOMEN'S RELAYS:

18+

Women 200 Free Relay	M. Grover, M. Stakem, K. Bowman, C. Voorhees	1:41.60	4/21-23/2006
Women 400 Free Relay	M. Grover, M. Stakem, C. Voorhees, K. Bowman	3:52.26	4/21-23/2006
Women 800 Free Relay	J. Teerlink, J. Martin, K. Bowman, M. Stakem	8:10.58	4/2-4/2004
Women 200 Medley Relay	P. Robbins, P. Martin, C. Voorhees, K. Bowman	1:52.97	4/22-24/2005
Women 400 Medley Relay	J. Teerlink, J. Martin, K. Bowman, M. Stakem	4:03.73	4/2-4/2004

Note: The Women's 19+ 400 Medley Relay set a National Record in 2004

25+

Women 200 Free Relay	H. Stringer, M. Pero, C. Wagner, D. Morrin	2:14.65	1/21/1996
Women 400 Free Relay			
Women 800 Free Relay			
Women 200 Medley Relay			
Women 400 Medley Relay			

MEN'S RELAYS:

18+

Men 200 Free Relay	M. Doane, J. Strahota, M. Goodison, Y. Van Heers	1:30.81	4/23-25/2010
Men 400 Free Relay	P. Galan, J. Strahota, B. Shipp, Y. Van Heers	3:22.51	4/23-25/2010
Men 800 Free Relay	C. Reynolds, S. Perschy, J. Strahota, A. Ellis	8:07.33	12/11/2004
Men 200 Medley Relay	K. Ryan, P. Fehring, J. Crowder, J. Keefe	1:39.86	4/22-24/2005
Men 400 Medley Relay	J. Crowder, P. Fehring, M. Goodison, J. Keefe	3:39.04	4/22-24/2005

25+

Men 200 Free Relay	M. Lee, M. Goodison, C. Benedick, A. Ellis	1:31.27	4/11-13/2003
Men 400 Free Relay	M. Lee, J. Crowder, C. Benedick, A. Ellis	3:20.16	4/11-13/2003
Men 800 Free Relay			
Men 200 Medley Relay	M. Benedick, M. Goodison, J. Crowder, A. Ellis	1:42.45	4/11-13/2003
Men 400 Medley Relay	M. Benedick, M. Goodison, J. Crowder, A. Ellis	3:49.18	4/11-13/2003

35+

Men 200 Free Relay	C. Dewing, C. Hoffman, A. Ellis, M. Lee	1:36.46	3/4-5/2006
Men 400 Free Relay	C. Reynolds, W. Shipp, M. Lee, A. Ellis	3:40.39	3/19/2005
Men 800 Free Relay			
Men 200 Medley Relay	C. Reynolds, E. Elshafei, A. Ellis, M. Lee	1:47.39	4/22-24/2005
Men 400 Medley Relay			

45+

Men 200 Free Relay			
Men 400 Free Relay			
Men 800 Free Relay			
Men 200 Medley Relay	C. Reynolds, C. Hoffman, W. Shipp, R. Costello	2:00.51	4/21-23/2006
Men 400 Medley Relay			

MIXED RELAYS:

18+

Mixed 200 Free Relay	K. Ryan, K. Bowman, P. Martin, J. Keefe	1:35.36	4/22-24/2005
Mixed 400 Free Relay	M. Lee, A. Pagon, M. Tomarelli, C. Benedick	3:37.82	4/19-21/2002
Mixed 800 Free Relay	E. Switzer, E. Nordlund, A. Pagon, M. Tomarelli	8:07.37	4/19-21/2002
Mixed 200 Medley Relay	J. Teerlink, M. Goodison, A. Ellis, M. Stakem	1:46.91	4/2-4/2004
Mixed 400 Medley Relay	E. Elshafei, J. Martin, J. Crowder, K. Bowman	3:55.26	4/2-4/2004

25+

Mixed 200 Free Relay	C. Voorhees, M. Grover, P. Fehring, M. Lee	1:35.52	5/11-14/2006
Mixed 400 Free Relay			
Mixed 800 Free Relay			
Mixed 200 Medley Relay	J. Strahota, M. Goodison, A. Sample, G. Ekstrom	1:49.74	5/17-20/2007
Mixed 400 Medley Relay	J. Strahota, M. Goodison, C. Busch, M. Grover	4:11.15	4/11-13/2008

35+

Mixed 200 Free Relay			
Mixed 400 Free Relay	W. Shipp, D. Morrin-Nordlund, C. Wagner, M. Goodison	4:28.20	4/11-13/2008
Mixed 200 Medley Relay			
Mixed 400 Medley Relay			

NOTES: R= Relay lead-off s = Recorded Split Time

Meets:

4/23-25/2010	2010 Colonies Zones SCY Championships at GMU	1/15/2005	MD LMSC Swim Series Meet #4 AOSC
2/13-14/2010	David Gregg III Memorial, Richmond, VA	12/9-12/2004	Tom Dolan Invitational 2004, GMU
2/13/2010	Maryland Masters Swim Series #5- SPY	12/11/2004	MD LMSC Swim Series Meet #3 Towson
1/31/2010	Tropical Splash Meet at Alexandria	12/5/2004	Terrapin Masters 1000/1650 Yards Meet
1/17/2010	Maryland Masters Swim Series #3- AOAC	11/20-21/2004	Virginia Masters Fall Invitational
11/28/2009	Sunfish Masters Crawl Brawl	10/31/2004	Patriot Masters Sprint Classic
10/25/2009	Patriot Masters Sprint Classic	10/23/2004	MD LMSC Swim Series Meet #1 Howard Co. Y
9/26/2009	DCAC Fall Ball, Washington DC	05/05/2004	Maryland Masters 1000/1650 Meet
5/7-10/2009	USMS SCY Nationals, Clovis, CA	4/22-25/2004	USMS SCY Nationals, Indianapolis, IN
4/24-26/2009	2009 Colonies Zones SCY Championships at GMU	4/17/2004	UM Club Team Swim Meet at College Park
4/16-19/2009	YMCA Masters Nationals, Ft. Lauderdale	4/2-4/2004	Colonies Zones at George Mason
3/15/2009	Warrenton Masters Dreaming of Spring Meet	3/21/2004	2004 MD Swim Series Championship
2/21/2009	Maryland Masters Winter Meet UMBC	3/6-7/2004	2004 Maryland Masters Winter Meet
2/7/2009	Maryland Masters Swim Series #5- SPY	2/29/2004	Bill Crawford Memorial Winter Classic
2/1/2009	Tropical Splash Meet at Alexandria	2/7/2004	2004 MD LMSC Swim Series #5 AOSC
12/20/2008	Maryland Masters Swim Series #3- Catonsville	2/1/2004	Alexandria Masters' Tropical Splash
11/15/2008	Maryland Masters Swim Series #2- Salisbury	1/17/2003	2004 MD LMSC Swim Series #4 AOSC
10/26/2008	Patriot Masters Sprint Classic	12/7/2003	Terrapin Masters 1000/1650 Yards Meet
10/18/2008	Maryland Masters Swim Series #1- UMBC	11/8/2003	2004 MD LMSC Swim Series #2 Meadowbrook
10/11/2008	MD Senior Olympics, Germantown, MD	10/26/2003	Patriot Masters Sprint Classic
5/1-4/2008	USMS SCY Nationals, Austin, TX	10/18/2003	MD LMSC Swim Series Meet #1 Howard Co. Y
4/11-13/2008	Colonies Zone SCY Championships	6/5-7/2003	Senior Olympics/Senior Games at Newport News
3/29/2008	Maryland Masters Swim Series #6- Navy	4/11-13/2003	Colonies Zones at George Mason
3/1/2008	Maryland Masters Winter Meet UMBC	3/16/2003	Bill Crawford Memorial Meet at Philadelphia
2/9/2008	Maryland Masters Swim Series #5- SPY	3/15/2003	UM Club Team Swim Meet at College Park
1/27/2008	Tropical Splash Meet at Alexandria	3/1-2/2003	Maryland Masters Winter Meet at UMBC
1/19/2008	Maryland Masters Swim Series #4- AOSC	11/2/2002	Virginia Masters Newport News Meet
12/16/2007	Terrapin Masters AutoSwim 1000/1650 @ Fairland	10/27/2002	GMU Sprint Classic at George Mason
12/1/2007	Maryland Masters Swim Series #3 - Towson	4/19-21/2002	Colonies Zones at College Park
11/10/2007	Maryland Masters Swim Series #2 - UMBC	2/23-24/2002	Maryland Masters Winter Meet at UMBC
10/28/2007	Patriot Masters Sprint Classic	10/21/2001	GMU Sprint Classic at George Mason
10/13/2007	Maryland Masters Swim Series #1- TCY	5/18-20/2001	USMS Nationals (SCY) at Santa Clara
5/17-20/2007	USMS SCY Nationals, Federal Way, WA	4/7/2001	UM Club Team Swim Meet at College Park
4/14-15/2007	2007 Colonies Zones SCY Championships at GMU	3/30/2001	St. Pete (FL) Masters SCY Champs
3/3-4/2007	Maryland Masters Winter Meet at UMBC	2/?/2001	Maryland Masters Winter Meet at UMBC
2/4/2007	Alexandria Tropical Splash	10/22/2000	GMU Sprint Classic at George Mason
1/20/2007	Maryland Masters Swim Series #4 AOSC	2/19-20/2000	Maryland Masters Winter Meet at UMBC
12/10/2006	University of Maryland Masters 1000/1650 Meet @ CUA	12/5/1999	Terrapin Masters 1000/1650 Meet
12/9/2006	Maryland Masters Swim Series #3 - Towson	4/30-5/2/1999	Colonies Zones at College Park
5/11-14/2006	USMS SCY Nationals, Coral Springs, FL	11/22/1998	UMCY Turkey Classic
4/21-23/2006	Colonies Zone SCY Championships	2/28-3/1/1998	Maryland Masters Winter Meet at UMBC
3/25/2006	Maryland Masters Swim Series #6 at UMBC	1/17/1998	DCRP Short Course Meet at Wilson HS, D.C.
3/11/2006	2006 Matt Weaver (UM Club Team) Memorial Meet	12/16/1997	UM 1000/1650 Meet
3/4-5/2006	Maryland Masters Winter Meet at UMBC	11/23/1997	UMCY Turkey Classic
2/18/2006	Maryland Masters Swim Series #5 Severna Park	11/?/1996	UMCY Turkey Classic
2/11-12/2006	VMST David Gregg III Memorial meet, Richmond, VA	2/24-25/1996	Maryland Masters Winter Meet
1/21/2006	Maryland Masters Swim Series #4 AOSC	5/18-21/1995	USMS National SCY Championships at Ft. Lauderdale
12/11/2005	Terrapin Masters 1000/1650 @ Catholic University	1/?/1995	DCRP Short Course Meet
10/30/2005	Patriot Masters Sprint Classic	11/20/1994	UMCY Turkey Classic
10/22/2005	Maryland Masters Swim Series #1 HCY	4/10/1994	Maryland Masters 1000/1650 Meet at UMBC
5/19-22/2005	USMS SCY Nationals, Fort Lauderdale, Florida	2/26-27/1994	Maryland Masters Winter Meet
4/22-24/2005	2005 Colonies Zones at GMU	2/6/1994	DCRP Masters Short Course Meet at Wilson HS, D.C.
4/16/2005	UM Club Team Swim Meet at College Park	11/?/1993	UMCY Turkey Classic
3/19/2005	MD LMSC Swim Series Meet Fanale, AOSC	1/24/1993	DCRP Masters Short Course Meet
3/6/2005	4th Chinn Aquatic Swim Meet	3/22/1992	Maryland Masters 1000/1650 Meet
2/26-27/2005	Maryland Masters Winter Meet at UMBC	2/29/1992	Maryland Masters Winter Meet at UMBC
2/12-13/2005	VMST David Gregg III Mem Meet	4/6/1991	Maryland Masters 1000/1650 Meet
2/5/2005	MD LMSC Swim Series Meet #5 SPY	3/2/1991	Maryland Masters Winter Meet at UMBC
1/30/2005	Alexandria Tropical Splash		
1/15/2005	MD LMSC Swim Series Meet #4 AOSC		

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