

Terrapin Masters Newsletter, January 7, 2008

Read online at www.terrapinmasters.org/newsletter.htm

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Happy New Year to all teammates! Due to the holiday crunch, this newsletter will be a bit shorter than usual. Please remember to submit your teammate news and any other newsworthy items to Jeff and Meghan.

1. Registration

Please complete your registration forms and give to Jim Nealis, or mail them in, as soon as possible! You must be registered with USMS and Terrapin Masters in order to swim with us!

USMS Registration fees have increased to \$37. \$12 supports the Potomac Valley LMSC (hosting meets, Swimmers Ear newsletter, etc.); \$8 supports your subscription to Swimmer magazine; and \$17 goes to USMS administrative costs. The \$5 increase in 2008 is to USMS's administration portion, which supports a new executive director and to help cover the cost of several new programs.

If you haven't done so recently, please check out the USMS website (www.usms.org) for a wealth of information, ideas, programs, services and other things you may find useful!

2. 2008 Go The Distance/ 1 Hour Postal

Have you ever been interested in how much you swim in a year? Consider participating in the "Go The Distance" Challenge, where participants track the distance they swim during the year. Diana Corbin and Mollie Grover both participated in the Inaugural 2007 GTD Challenge and together, they logged enough miles in practice, meets and open water (Diana 568.67; Mollie 403.93) to swim nearly the distance from Chicago to Denver. Impressive, ladies!

This is a FREE event offered by USMS. Please go to <http://www.usms.org/fitness/content/gothedistance> to enter and begin logging your workouts! 2008 practice starts TONIGHT!

If you've ever wondered how much you can swim in 1 hour, the 1-Hour Postal swim is a great chance to do this. Get a partner to track your progress, hop in and just keep swimming! Check out <http://www.usms.org/longdist/ldnats08/1hentry.pdf> for full information and entry form.

3. January Practice Schedule

Monday 1/7 – 6:30-8:00p

Tuesday 1/8 – 6:15-7:45a

Wednesday 1/9 – 6:30-8:00p

Thursday 1/10 – 6:15-7:45a

Thursday 1/10 – 6:30-8:00p

Saturday 1/12 – 10:30-noon

Monday 1/14 – 6:30-8:00p

Tuesday 1/15 – 6:15-7:45a

Wednesday 1/16 – 6:30-8:00p

Thursday 1/17 – 6:15-7:45a

Thursday 1/17 – 6:30-8:00p

Saturday 1/19 – 10:30-noon

Monday 1/21 – 6:30-8:00p - Cancelled

Tuesday 1/22 – 6:15-7:45a

Wednesday 1/23 – 6:30-8:00p

Thursday 1/24 – 6:15-7:45a

Thursday 1/24 – 6:30-8:00p

Saturday 1/26 – 10:30-noon – Cancelled due to UM Varsity Swim Meet vs NC State

Monday 1/28 – 6:30-8:00p

Tuesday 1/29 – 6:15-7:45a

Wednesday 1/30 – 6:30-8:00p ** UMD Basketball vs UVA at 7pm **

Thursday 1/31 – 6:15-7:45a

Thursday 1/31 – 6:30-8:00p

Saturday 2/2 – 10:30-noon – Cancelled due to Testudo Invitational Swim Meet

Please be aware that we DO have a practice on nights when there is a Men's basketball game. On-Campus parking is limited, and you may have to pay for a close-by space. Free parking is available at ~10 minute walking distance from the ERC - Lot 1 is recommended. There are only two Men's games that will generate parking problems this year.

Maryland Basketball schedules are available online:

<http://umterps.cstv.com/sports/m-baskbl/sched/md-m-baskbl-sched.html>

4. Terrapin Masters' December Events

Terrapin Masters hosted two events this past month. Diana Corbin organized the two events, and wanted to say a big "THANK YOU" to all who participated and helped at each!

The 1000/1650 AntiSwim meet on December 16 raised \$300 for the Prince Georges County Chapter of the Autism Society of America. Terrapin Masters, as a team, contributed an additional \$200 to make the total donation \$500! Way to go!

A TM tradition, Swim In the New Year, was held on December 31. Over 40 swimmers took advantage of the open facility and the opportunity to swim a multiple of 2008 yards.

5. Upcoming USMS Meets

Jan 19, 2008: Carol Chidester Memorial Swim Series;
Annapolis Olympic Swim Center, Annapolis MD

<http://maryland.usms.org>

Deck Entry

Jan 27, 2008: Alexandria Masters Tropical Splash
George Washington Rec Center, Alexandria VA

<http://www.alexandriamasters.com/meet/index.htm>

Entries due in hand by Tuesday January 22, 2008.

Feb 9, 2008: Carol Chidester Memorial Swim Series;
Severna Park YMCA, Severna Park MD

<http://maryland.usms.org>

Deck Entry

Feb 9-10 2008: David Gregg III Memorial Meet
NOVA of Virginia Aquatic Center, Richmond VA

<http://www.vaswim.org/meets/2008DavidGreggMemorialMeet.pdf>

Entries due by Feb 1, 2008; Deck entries also accepted

March 1-2 2008: Maryland Masters 31st Annual Winter Meet
UMBC, Catonsville MD

<http://www.marylandmasters.com/forms/WinterMeet.pdf>

Entries due in hand by February 16. No Deck Entries!

March 15, 2008: Albatross Open
Montgomery Aquatic Center, Bethesda MD

<http://www.pvmasters.org/albatross.htm>

Entries due by March 8, and limited to 200 entries. Deck entries as space permits.

March 29, 2008: Carol Chidester Memorial Swim Series;
U.S. Naval Academy, Annapolis MD

<http://maryland.usms.org>

Deck Entry

6. TM Newsletter Info

Thank you for reading the Terrapin Masters newsletter, compiled and edited by Jeff Strahota & Meghan Gibbons. Please pass along your news and requests for stories!

Jeff – [jstrahota AT usms DOT org](mailto:jstrahota@usms.org)

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Read online @ www.terrapinmasters.org/newsletter.htm.

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