

Terrapin Masters Newsletter, February 4, 2008  
Read online at [www.terrpinmasters.org/newsletter.htm](http://www.terrpinmasters.org/newsletter.htm)

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A warm welcome to all who have joined us since the start of 2008!

### **1. Registration**

If you have yet to do so, please complete your registration forms and give to Jim Nealis, or mail them in as soon as possible! You must be registered with USMS and Terrapin Masters in order to swim with us! USMS registration costs \$37. In addition to that, there is a \$10 annual fee to be a part of Terrapin Masters that covers team administration, website, events and gear expenses.

If you haven't done so recently, please check out our team website ([www.terrpinmasters.org](http://www.terrpinmasters.org)), the local Potomac Valley Masters Swimming website ([www.pvmasters.org](http://www.pvmasters.org)) and the USMS website ([www.usms.org](http://www.usms.org)) for a wealth of information, ideas, programs, services and other things you may find useful!

### **2. 2008 Go The Distance**

It is not too late to start tracking your 2008 swim mileage... If you've ever wondered how far you swim in a month, year, etc., this is a great way to keep track! This free "event" is offered by USMS now for the second year in a row, and offers an Excel tracker, as well as prizes based on mileage swum. Please visit <http://www.usms.org/fitness/content/gothedistance> to enter and begin logging your workouts! Our team's reigning champion is Diana Corbin with over 560 miles swum in 2007!

### **3. Teammate News**

Terrapin Diana Corbin was one of 6 members of a relay that swam the 26-mile Catalina Channel on January 15, 2008. The group finished the swim in 12hr, 0 min and 40 seconds. Diana swam twice for an hour each, in water temps of 54 and 55.6 degrees. One of the highlights of the swim was the escort they received by three whales for about an hour of the swim. One of the whales was about 50 feet long, and they all stayed near the boat, kayakers and swimmers. What a sight – and experience – to behold! Congratulations on the crossing, Diana!

Paul Winterbauer is moving... His fiancée's work has led the two of them out to Vancouver. He'll be back periodically to check in when he is in town for meetings at our local office and to visit friends. All the best, Paul!

#### **4. January Practice Schedule**

Monday 2/4 – 6:30-8:00p  
Tuesday 2/5 – 6:15-7:45a  
Wednesday 2/6 – 6:30-8:00p  
Thursday 2/7 – 6:15-7:45a  
Thursday 2/7 – 6:30-8:00p  
Saturday 2/9 – 10:30-noon

Monday 2/11 – 6:30-8:00p  
Tuesday 2/12 – 6:15-7:45a  
Wednesday 2/13 – 6:30-8:00p  
Thursday 2/14 – 6:15-7:45a  
Thursday 2/14 – 6:30-8:00p  
Saturday 2/16 – 10:30-noon \*\* Matt Weaver Meet after practice \*\*

Monday 2/18 – 6:30-8:00p  
Tuesday 2/19 – 6:15-7:45a  
Wednesday 2/20 – 6:30-8:00p \*\* UMD Bball vs Virginia Tech \*\*  
Thursday 2/21 – 6:15-7:45a  
Thursday 2/21 – 6:30-8:00p  
Saturday 2/23 – 10:30-noon – Cancelled due to Water Polo Tournament

Monday 2/25 – 6:30-8:00p – Cancelled due to MD State HS Meet  
Tuesday 2/26 – 6:15-7:45a  
Wednesday 2/27 – 6:30-8:00p  
Thursday 2/28 – 6:15-7:45a  
Thursday 2/28 – 6:30-8:00p  
Saturday 3/1 – 10:30-noon – Cancelled due to Water Polo Tournament

Please be aware that we DO have a practice on nights when there is a Men's basketball game. On-Campus parking is limited, and you may have to pay for a close-by space. Free parking is available at ~10 minute walking distance from the ERC - Lot 1 is recommended. The Va. Tech game is the last conflict this year

Maryland Basketball schedules are available online:

<http://umterps.cstv.com/sports/m-baskbl/sched/md-m-baskbl-sched.html>

#### **5. February Charitable Swim Events**

There are a couple local charitable swim events offer us a unique opportunity as swimmers to help make a difference. Teammate Bill Conroy has organized the February Fitness Frolic for the last several years to raise money for Johns Hopkins. You may have seen the email go around, and the entry form is on our website, [www.terrapinmasters.org](http://www.terrapinmasters.org), and under "Events." This works in great combination with Go the Distance!

The Matthew Weaver Memorial Swim Meet is the UM Club Swim Team's annual spring invitational meet. Matt was a swimmer and lifeguard at the ERC who was tragically killed several summers ago. The team has held their meet in his honor every spring since, and added a bunch of fun events and relays to an event listing of mostly short events. They usually raffle off goodies and we all eat pizza at the end of the meet. For entry details, see <http://www.terrapinmasters.org/matt-weaver-08-meet.htm>. We need to submit our entries by Tuesday 2/5.

## **6. Upcoming USMS Meets**

Feb 9, 2008: Carol Chidester Memorial Swim Series;  
Severna Park YMCA, Severna Park MD

<http://maryland.usms.org>

Deck Entry

Feb 9-10 2008: David Gregg III Memorial Meet  
NOVA of Virginia Aquatic Center, Richmond VA

<http://www.vaswim.org/meets/2008DavidGreggMemorialMeet.pdf>

Entries due by Feb 1, 2008; Deck entries also accepted

March 1-2 2008: Maryland Masters 31<sup>st</sup> Annual Winter Meet  
UMBC, Catonsville MD

<http://www.marylandmasters.com/forms/WinterMeet.pdf>

Entries due in hand by February 16. No Deck Entries!

March 15, 2008: Albatross Open  
Montgomery Aquatic Center, Bethesda MD

<http://www.pvmasters.org/albatross.htm>

Entries due by March 8, and limited to 200 entries. Deck entries as space permits.

March 29, 2008: Carol Chidester Memorial Swim Series;  
U.S. Naval Academy, Annapolis MD

<http://maryland.usms.org>

Deck Entry

April 11-13, 2008: Colonies Zone SCY Championships  
GMU, Fairfax VA

<http://www.patriotmasters.org/Colonies.April.2008.Entry.pdf>

Entries due with March 29 postmark.

May 1-4, 2008: USMS SCY Nationals  
University of Texas, Austin TX

<http://www.usms.org/comp/scnats08/meetinfo.php>

Online entry by 11:59pm CDT April 3, 2008; Mail, received by March 27, 2008.

## **7. TM Newsletter Info**

Thank you for reading the Terrapin Masters newsletter, compiled and edited by Jeff Strahota & Meghan Gibbons. Please pass along your news and requests for stories!

Jeff – jstrahota AT usms DOT org

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Read online @ [www.terrapinmasters.org/newsletter.htm](http://www.terrapinmasters.org/newsletter.htm).

If you wish to be removed from the Terrapin Masters Listserv, please contact team webmaster Cheryl Wagner via email at cherylw AT crosslink DOT net.